FINSBURY GROWTH & INCOME TRUST PLC (the "COMPANY")

Non-Mainstream Pooled Product Rules

The Board confirms that the Company currently conducts its affairs so that its Ordinary Shares of 25p each (the "Shares") can be recommended by independent financial advisers ("IFAs") to retail private investors in accordance with the Financial Conduct Authority's ("FCA") rules in relation to non-mainstream investment products and intends to continue to do so for the foreseeable future.

The Shares are excluded from the FCA's restrictions which apply to non-mainstream investment products because they are shares in a UK-listed investment trust.

- ENDS -

For further information please contact:

Mark Pope, Frostrow Capital LLP Company Secretary

Telephone 020 3 008 4913